

SIZE GUIDE

Men

SIZE	CHEST	WAIST	INCH (Shorts)
XS	93 - 98	88 - 93	30"
S	98 - 103	93 - 98	32"
M	103 - 108	98 - 103	34"
L	108 - 113	103 - 108	36"
XL	113 - 118	108 - 113	38"
2XL	118 - 123	113 - 118	40"
3XL	123 - 128	118 - 123	42"
4XL	128 - 133	123 - 128	44"
5XL	133 - 138	128 - 133	46"
6XL	138 - 143	133 - 138	48"
7XL	143 - 148	138 - 143	50"
8XL	148 - 153	143 - 148	52"
9XL	153 - 158	148 - 153	54"
10XL	158 - 163	153 - 158	56"



HOW TO MEASURE

1. Chest Circumference

Measure around the fullest part of your chest with your arms down. Keep the tape level.

2. Waist Circumference

Measure around the narrowest part of your waistline. Located above the belly button and below the rib cage. Keep the tape level.

Please note that all measurements are in centimetres.

Please note that all measurements are in centimetres.

When measuring for pants the hip measurement will provide the best fit and when measuring for tops the chest measurement will provide the best fit.

If you are between sizes please use the larger size for a comfortable fit.

Woman

SIZE	Chest	WAIST	HIP
6	78-83	66-71	80-85
8	83-88	71-76	85-90
10	88-93	76-81	90-95
12	93-98	81-86	95-100
14	98-103	86-91	100-105
16	103-108	91-96	105-110
18	108-113	96-101	110-115
20	113-118	101-106	115-120
22	118-123	106-111	120-125
24	123-128	111-116	125-130
26	133-123	116-121	130-135



HOW TO MEASURE

1. Chest Circumference

Measure around the fullest part of your chest with your arms down. Keep the tape level.

2. Waist Circumference

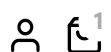
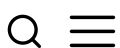
Measure around the narrowest part of your waistline. Located above the belly button and below the rib cage. Keep the tape level.

Please note that all measurements are in centimetres.

Please note that all measurements are in centimetres.

When measuring for pants the hip measurement will provide the best fit and when measuring for tops the chest measurement will provide the best fit.

If you are between sizes please use the larger size for a comfortable fit.



Kids

SIZE	CHEST	WAIST	INCH (Shorts)
4	58-63	53-58	18"
6	63-68	58-63	20"
8	68-73	63-68	22"
10	73-78	68-73	24"
12	78-83	73-78	26"
14	83-88	78-83	28"



Please note that all measurements are in centimetres.

When measuring for pants the hip measurement will provide the best fit and when measuring for tops the chest measurement will provide the best fit.

If you are between sizes please use the larger size for a comfortable fit.

HOW TO MEASURE

1. Chest Circumference

Measure around the fullest part of your child's chest with their arms down. Keep the tape level.

2. Waist Circumference

Measure around the narrowest part of your child's waistline. Located above the belly button and below the rib cage. Keep the tape level.

Please note that all measurements are in centimetres.

Contact

Returns

Shipping Info

Size Guide

Privacy Info

COVID-19 Statement

Facebook

Instagram

© 2023, PALADIN SPORTS Powered by Shopify